

**MARCH  
IN MARCH**

**WALKS IN THE**

**SOUTHEAST**



An event by

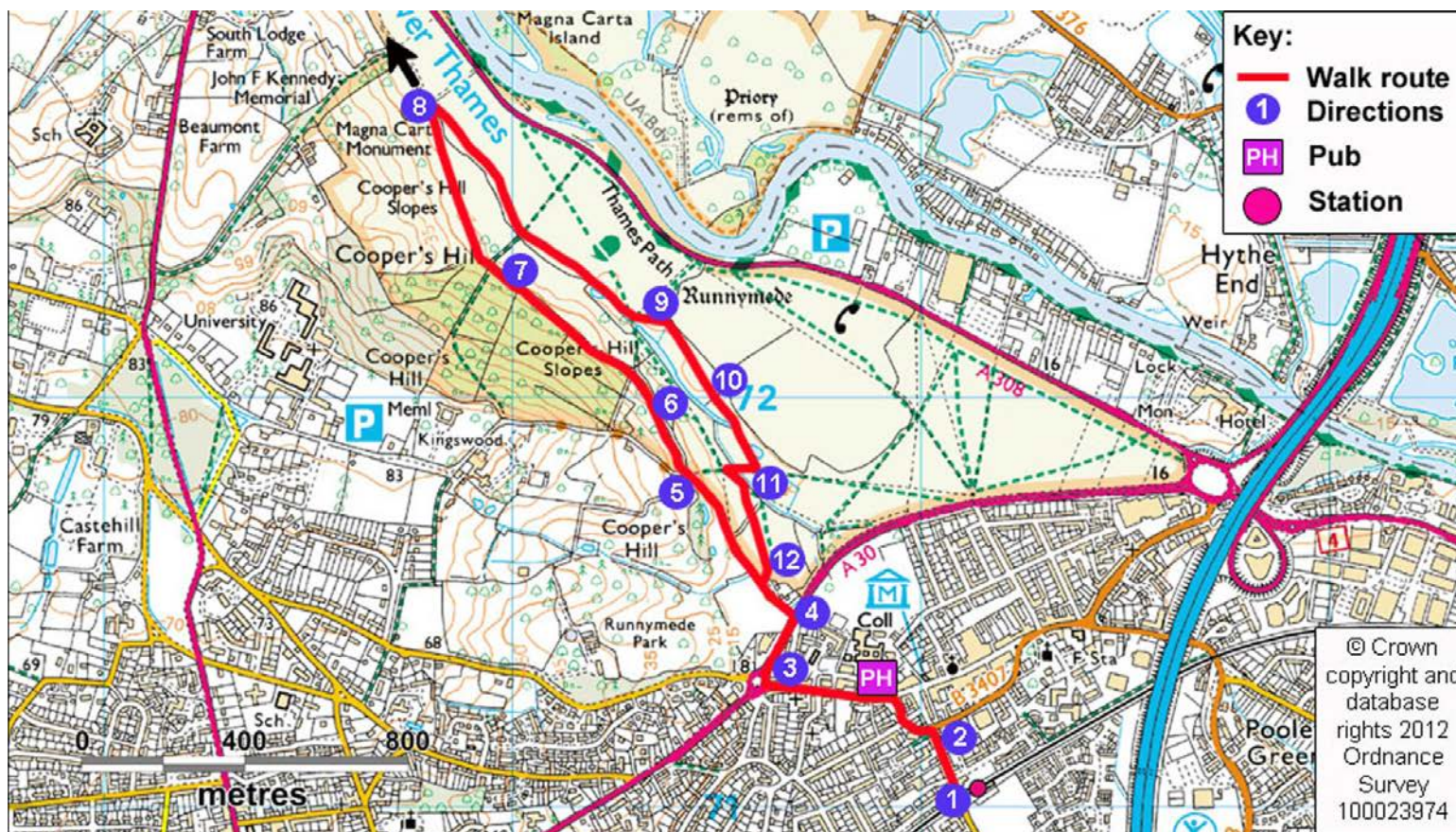
**COMBAT  
STRESS**  
FOR VETERANS' MENTAL HEALTH

# EGHAM TO RUNNYMEDE WALK

MARCH  
IN MARCH



For the walk in more detail visit: [nationaltrust.org.uk/runnymede/trails/egham-to-runnymede-countryside-circular-walk](https://nationaltrust.org.uk/runnymede/trails/egham-to-runnymede-countryside-circular-walk)



## Route details

Egham Station, Station Road, Egham TW20 9LB

Moderate

2 hours

3.7 miles (5.9 km)

OS map 160

Dog friendly



Runnymede and  
Ankerwycke



Surrey

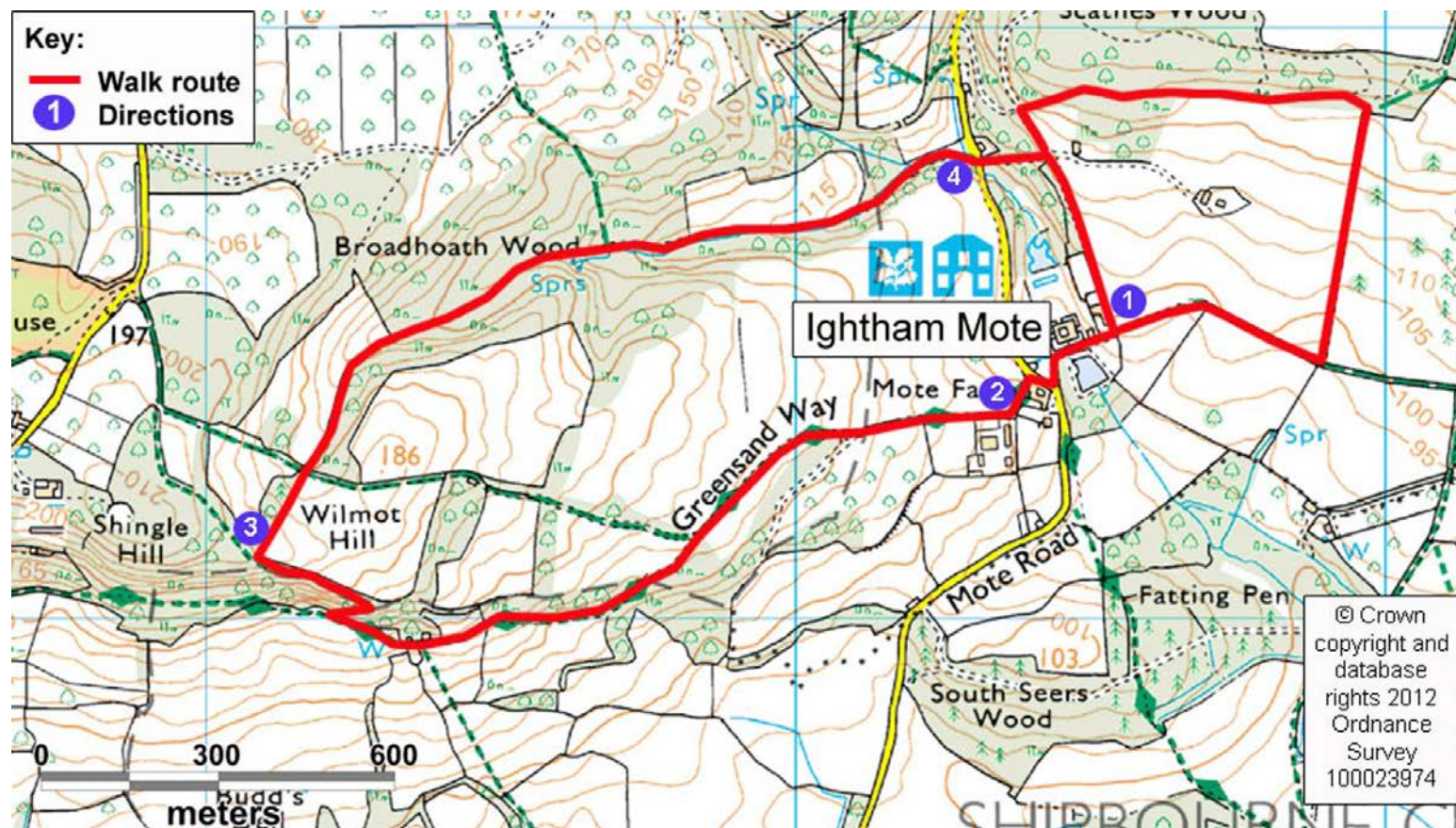


# IGHTHAM MOTE TO WILMOT HILL WALK

**MARCH**  
**IN MARCH**



For the walk in more detail visit: [nationaltrust.org.uk/ightham-mote/trails/ightham-motes-circular-walk-to-wilmot-hill](https://nationaltrust.org.uk/ightham-mote/trails/ightham-motes-circular-walk-to-wilmot-hill)



## Route details

Ightham Mote, Mote Road, Ivy Hatch,  
Sevenoaks, Kent, TN15 0NT

Moderate

2 hours

4 miles (6.4 km)

Explorer 147; grid ref: TQ584535

Dog friendly

Ightham Mote  
Kent

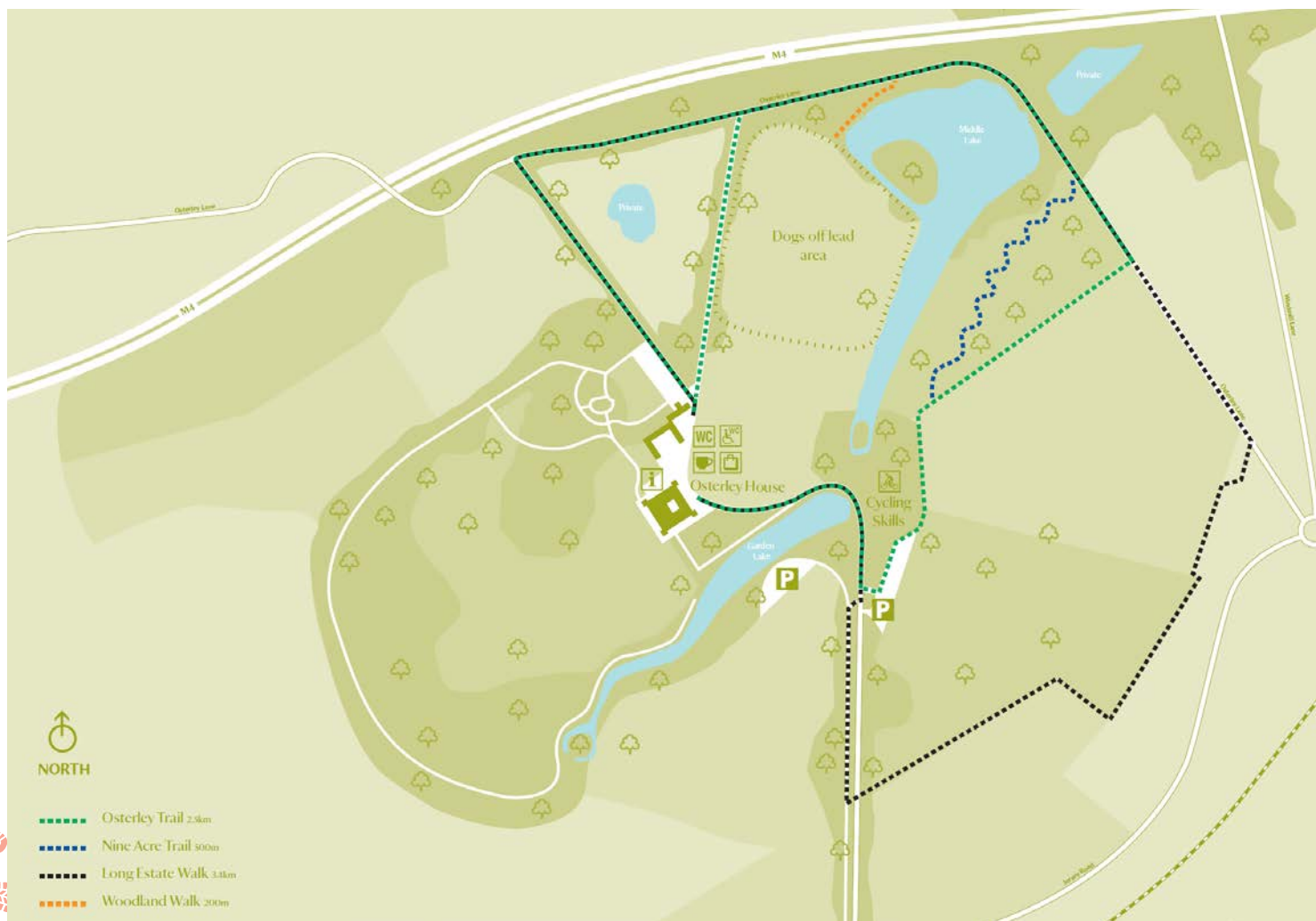


# OSTERLEY PARK AND HOUSE: MULTI ROUTES

MARCH  
IN MARCH



For the walk in more detail visit: [nationaltrust.org.uk/osterley-park-and-house/features/osterley-park-and-house-trails](https://nationaltrust.org.uk/osterley-park-and-house/features/osterley-park-and-house-trails)



## Address

Jersey Road, Isleworth, Middlesex, TW7 4RB (sat nav TW7 4RD)

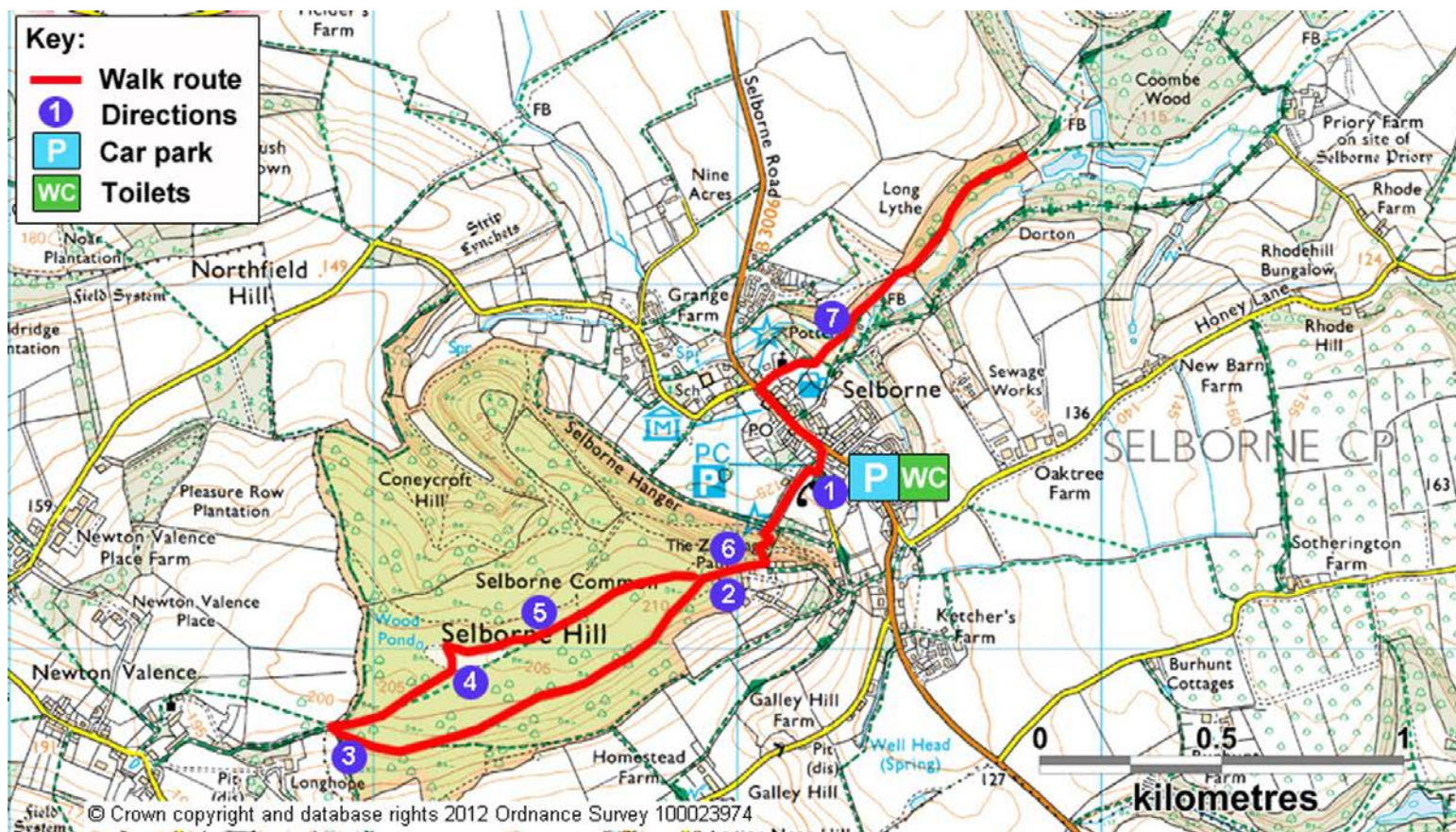


# SELBORNE COMMON AND THE LYTHE WALK

MARCH  
IN MARCH



For the walk in more detail visit: [nationaltrust.org.uk/selborne-common/trails/selborne-common-and-the-lythe-butterfly-walk](https://nationaltrust.org.uk/selborne-common/trails/selborne-common-and-the-lythe-butterfly-walk)



## Route details

Selborne, Near Alton, Hampshire

Moderate

3 hours

2 miles (3.2 km)

Explorer 133

Dog friendly

Selborne Common  
Hampshire